



ANNAS CAULDRON  
HIGH PRIESTESS

## TO REMOVE NEGATIVE ENERGY FROM A ROOM

There are a number of ways to achieve this.

One of the easiest is to burn a smudge stick of sage. You can buy these at any good magical suppliers. Smudge sticks do tend to drop ashes so you need to have something underneath them when they are alight.

Walk around each room in the house in a clockwise direction wafting the smoke into all the corners to thoroughly cleanse.

Another effective way is to cut an onion in half and leave it in a little saucer of water in the corner of the room.

After three weeks remove it and bury it near a holly tree.

Rock salt is a great cleanser. Sprinkle over doorways and around your bed for peaceful sleep.

Having cleansed a room it is important to keep it that way. This is particularly useful if you are a therapist or tarot reader. I always visualize a wonderful waterfall tumbling down my doorway. Try to activate this daily as it refreshes the energy very successfully.

If you want lasting protection you could make a Witches Bottle.